

**USA POWERLIFTING**  
**2010 HIGH SCHOOL NATIONAL CHAMPIONSHIPS**  
**TEAM ROSTER – COMBINED TEAM AWARD ONLY**

TEAM \_\_\_\_\_ STATE \_\_\_\_\_

DIVISION - COMBINED TEAM AWARD (5 Males and 5 Females Max)

Note – You may only pick 10 athletes to represent your team for this award. 5 males and 5 females. You may not list an alternate for this award. Minimum of 2 males and 2 females to enter combined team award.

<b>MALE ATHLETES NAME</b>	<b>WT CLASS</b>
<b>FEMALE ATHLETES NAME</b>	<b>WT CLASS</b>

**ALTERNATE**

<b>ATHLETES NAME</b>	<b>WT CLASS</b>

COACH SIGNATURE \_\_\_\_\_